



CareerSourceTampaBay.com

A proud partner of the AmericanJobCenter® network

## JANUARY 2019 — PLANT CITY CENTER

(813) 930-7400, 307 N Michigan Ave, Suite 2, Room 102, Plant City, FL 33563

As you begin your career pathway for your new or next career, gain a competitive edge by participating in trainings designed to help you succeed in the workforce. Attend any of our **FREE** Employability Skills Training workshops to help better prepare you for that next journey!

# Employability Skills Training

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED	2	3	4
7	8 Professional Interviewing Skills 9:00am- 11:30am	9	10	11
14	15 Surviving a Layoff 9:00am-10:30am	16	17	18
21 CLOSED	22 Career Mapping 9:00am-10:30am	23	24	25
28	29 Breaking Barriers 9:00am-11:00am	30	31	

Workshop Title	Length (Hours)	Workshop Summary
Basic Computers	2.0	Learn the basic functions of a computer, including hands on tutorials for using a mouse and keyboard.
Basic Financial Literacy	2.0	Housing & Education Alliance brings a variety of topics, i.e., setting up financial plan of action, reviewing your personal and household spending with a discussion on how credit impacts you.
Basic Computers Español	1.5	Aprende la función básica de una computadora, incluyendo tutoriales prácticos para usar el mouse y el teclado.
Boost Your Credit Score	1.0	Join Fifth Third Bank's presentation on understanding what goes into your score and what you can do to improve it.
Breaking Barriers	2.0	Learn to identify common barriers to employment and how to deal with those barriers on job applications, resumes and interviews.
Career Mapping	1.5	Where does your career path lead? Learn about the <b>MANY</b> resources available, at no cost, to help you determine your next steps!
Computer Skills (Resume)*	2.0	Learn how to create and format a document using Microsoft Word. <b>*Must have basic computer skills.</b>
Dress for Success	1.0	Discuss the importance of your appearance and dressing for success for the interview and in the workplace.
Employment Success	2.0	Discuss workforce changes, employer expectations, pitfalls and how to handle conflicts at work. Learn how to continue developing skills that can lead to promotions and other job opportunities.
Employment Transition	2.0	Are you ready for the changing workplace? Learn how to reinvent yourself, use transferable skills and perhaps go back to school for that new job or career.
Job Power	2.0	Power your job search with this workshop! Topics include changes in the employment market, the hidden job market, skills employers are looking for and dealing with the stress of being unemployed.
Job Search Computer Skills	2.0	Navigating the internet is essential in successful job searching. In this workshop, learn how to upload and download documents, along with attaching files to an email and other job searching skills.
Labor Market Information (LMI)	2.0	Discover the importance of using LMI in your job search and new career! Learn the hot occupations and industries using national, local and state websites.
LinkedIn: Getting Started & Beyond	2.0	Need a LinkedIn profile or information on improving your existing profile? Then this hands-on workshop is right for you! Opportunity to optimize your job search via LinkedIn.
Mock Interviews*	2.0	Attend this workshop and receive an opportunity to practice for an <i>interview</i> and receive feedback. <b>*Pre-registration Required-First 4 Candidates only.</b>
Modern Day Job Search-Mature Workers	1.5	Discover key tips on fight ageism and resources to finding companies and websites that are looking for mature workers.
Navigating EmployFlorida (EF)	1.5	Learn how to navigate through the EF website features such as resume builder, job search, creating a virtual job recruiter and more.
Professional Interviewing Skills	2.5	Learn what interviews are all about and how to prepare for a successful interview. Discussions will include various types of interviews, common interview questions, and what to do before, during and after an interview.
Resume Development	2.0	The resume is important in today's job search. Understand the purpose of a resume, how to target your resume for each job and the different types of resumes.
Surviving a Layoff	1.5	You've been laid off...now what? Explore job loss, how to cope with the new changes and tips for starting over.

All customers **must have a basic EmployFlorida (EF) profile** to request workshop registration. Walk-in customers will be accepted (**except for Mock Interviews**) if seating is available. No one will be admitted to a workshop 15 minutes after the start time. Send the required information to the designated email address below based on the location of the workshop requested.

#### **WORKSHOP REGISTRATION:**

##### **Required information:**

Name and telephone  
Title of workshop  
Date of workshop  
Time of workshop

##### **Designated email address:**

**tampaworkshops@careersourcetampabay.com**  
**brandonworkshops@careersourcetampabay.com**  
**ruskinworkshops@careersourcetampabay.com**  
**plantcityworkshops@careersourcetampabay.com**



*CareerSource Tampa Bay is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. All voice telephone numbers listed may be reached by persons using TTY/TDD equipment via the Florida Relay Service at 711.*